• Introduction/Objectives/Data Report
  – Co-Facilitators: Phyllis Byles, FHA Improvement Advisor and Jackie Conrad, Leadership Coach and Improvement Advisor-Cynosure Health

• Hospital Stories - Strategies and Successes
  – Central Florida Health—Karen Hammond, Risk Manager
  – Memorial Hospital West

• Resources Available from FHA MTC and HRET

• Upcoming Events
In support of Falls Prevention Awareness Week

- September 22nd to September 28th!
- FHA MTC’s goal-reducing injury from falls within our hospitals by at least 20% -encourage the use of the HRET HIIN check list and change package
- The educational tools and opportunities available from the Fall Prevention Center of Excellence and the National Council of Aging (NCOA) free for use in the community and home settings.
Falls—Where We Are Now

Florida Target Rate: 0.46

Source: Comprehensive Data System, September 17, 2018
Leesburg Regional Medical Center
Fall Prevention Strategies
We would like to recognize the Team who have collaborated to make this a safe place for our patients: the team in Risk Management, Nursing, Physical Therapy, HAC (Hospital Acquired Conditions) Committee and our Site Administrator CCO Joshua Fleming
Leesburg Regional Medical Center

- Leesburg Regional Medical Center (LRMC) is a 329-bed acute care hospital which has served Leesburg and the surrounding communities for more than 50 years.

- As Lake County’s largest tertiary care hospital, LRMC offers advanced cardiac care at its Heart Institute, which includes one of the largest open-heart programs in Florida.

- The hospital offers advanced orthopedic care at its dedicated inpatient Joint Institute and provides both neurosurgery and medical neurological care.
Leesburg Regional Medical Center

- Emergency Department Expansion opened September 2018
- Features expanded triage capability with fully equipped triage rooms, 24 new patient beds, state-of-the-art Philips monitoring equipment, trauma-sized rooms for critical care, enhanced security, and a spacious atrium-like lobby and waiting area.
Total Number of Falls by Quarter

Key Fall Prevention Strategies

• Enhance Fall Safety Policy
• Leadership Engagement
• Tracking and Trending Daily
• Post Full Huddles
• Safety Over Pride
• Purposeful Rounding
• Staff/Patient/Family Education
Daily Awareness Safety Service Huddle
Daily Message

Huddle STAND-UP/DASSH Risk-Compliance Message

Fall Precautions – Reminder if patient scores a 45 or higher on Morse Fall Scale – all fall precautions need to be implemented which includes initiating bed alarm. Bed alarm is a tool to alert when patient is getting out of bed. Make sure to instruct patient not to get out of bed without first calling and waiting for assistance – assure patient you will respond right away and make sure to respond right away. Anticipate toileting needs – take patient to the bathroom during comfort/care hourly rounds – stay with the patient and assist back to bed.

Please Call
Don’t Fall
Your safety is important to us. If you need to get up, use the call button for assistance.

Answer the Call.

WISH LIST

1. NO FALLS NO INJURIES
2. NO CAUTIS (Catheter Associated UTIs)
3. NO SSI (Surgical Site Infections)
4. NO HAPIs (Hospital Acquired Pressure Injuries)

Reveal opportunities for improvement
Improve quality of care
Standardize safe practices
Know the high risk areas

Central Florida Health
Safety Over Pride

Huddle STAND-UP/DASSH Risk-Compliance Message

Fall is here – Be aware of FALLS - How can we prevent FALLS?

Here are some Fall Prevention Safety Tips:

N - Note Falls Risk Assessment and Fall Prevention Plan in the Record
O - Obtain history of falls, Observe gait pattern
F - Fall risk assessment – do include family in Fall Prevention plan
A - Anticipate toileting needs, ask “May I take you to the Bathroom”
L - Limit time left unattended, stay with patient while in bathroom
L - Listen to patient needs – emphasize Call don’t fall
S - Safety starts with you – SAFETY over PRIDE
Visual Cues
No Passing Zone

Huddle STAND-UP/DASSH Risk-Compliance Message

CALL LIGHT – All employees are responsible for answering call lights.

Do not PASS a Room with light on without inquiring if someone has already answered and is on their way. The goal is to answer patient’s call lights within 1 minute regardless of our position and cancel the call within 3-5 minutes. When answering a call light, ask the patient “Do you need your nurse or can we send your Nurse Tech or Nurse Assistant to help you?” Emergency call lights are to be answered immediately. Refer to Policy #869
Purposeful Rounding

- Hourly Rounding
  – Emphasis on Call Don’t Fall
  – Safety Over Pride
- Bedside Shift Report
- Nurse Leader Round Daily
- Weekly Executive Leader Rounds
Education

- Team Members educated on New Hire and Annually (Clinical and Non-Clinical)
- Accountability
- Enhanced Fall Safety Policy
- Teach back method used for patients and families
- Education for patients and families to adopt “Safety Over Pride” Philosophy
Opportunities for Improvement

Maternal Child Health  Cardiovascular Unit
Total Number of Falls by Quarter

1st Q 2nd Q 3rd Q 4th Q

2016 2017 2018

- 2016: 87, 71, 73, 72
- 2017: 74, 71, 76, 85
- 2018: 82, 71, 73, 74

Central Florida Health
Injuries From Falls

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<th>2018</th>
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<tr>
<td>Mild</td>
<td>78</td>
<td>58</td>
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THANK YOU
Memorial Hospital West
Falls

Importance
Patient falls, an unplanned descent to the floor that results with or without injury to the patient, affect upward of 1,000,000 patients each year and ranks among the most frequently reported incidents in hospitals and other health care facilities (AHRQ, 2013). Among adults aged 65 or greater, falls are the leading cause of injury-related death, the most common cause of non-fatal injuries and the leading cause of hospital admissions for trauma (CDC, 2015). Fall risk and the associated injury and cost are challenges within health care facilities and in the community. A patient fall can increase the length of stay, increase health care utilization, increase costs and result in poorer health outcomes. Learn more about the physical and emotional costs of falls to patients and their families from the literature.

Accomplishments
From 2015 to 2016, the AHA/HRET HEN 2.0 prevented an estimated 1,409 falls with an estimated cost savings of over $18,265,000.

20 percent reduction in patient falls by September 27, 2018.
— Partnership for Patients (PP) Goal

Documents
- Download the Falls Change Package
- Download the Falls Checklist
- Download the Date of Last Fall Checklist Poster
- Download the Falls Fact Sheet

Webinars & Videos
- Watch Irene’s Story: Physical and Emotional Costs of Falls
- Watch Past Falls Webinars

Other Resources
- Access Additional Falls Resources
Falls with Injury

A fall is an unplanned descent to the floor with or without injury to the patient, and represents the largest category of reported incidents in hospitals.

**Goal:** By September 27, 2018, a 20 percent reduction in patient falls

**Resources to prevent falls:**

- **Falls Change Package**
- **Falls Checklist**
- **Watch Past Virtual Trainings**
- **HRET HIIN Resource Library**
- **Success Stories**
- **GET UP**
- **WAKE UP**

- Webinars and Coaching Calls
- National Experts
- Quality Improvement Fellowships
- Patient and Family Engagement Learning Collaborative
- Chasing Zero Infections Series
- Safety Culture Survey
- UP Campaign – SOAP UP, GET UP, WAKE UP, SCRIPT UP

FHA MTC HIIN Website: [www.fha.org](http://www.fha.org)

HRET HIIN Website: [www.hret-hiin.org](http://www.hret-hiin.org)
PROGRESSIVE MOBILITY reduces harm in EIGHT focus areas
MTC HIIN Upcoming Events

- **Oct. 4** – Reducing Diagnostic Errors: Leading Practices
- **Oct. 5** – Readmissions Multi Visit Patient (MVP) Webinar #1
- **Oct. 16** – TeamSTEPPS Check-in Webinar
- **Oct. 18** – Falls Fishbowl #1
- **Oct. 18** – MDRO Session #1

Check the [MTC HIIN Upcoming Events Calendar](#) for details and registration.
RESERVE YOUR SEAT TODAY
FLORIDA HOSPITAL ASSOCIATION
2018 ANNUAL MEETING
OCTOBER 3-5
Hyatt Regency Grand Cypress

Featuring:

Jeff Goldsmith, PhD | President, Health Futures, Inc.
Chris Holt | Leader, Global Healthcare, Amazon
Tory Brennan, MD | Executive VP & CMO, CVS Health
Chuck Todd | NBC News Political Director, Moderator of Meet the Press & MTP Daily

Register today at www.FHAAnnualMeeting.com
Congratulations, Florida Hospitals!

Outstanding performance in driving quality care, safety and value across its network of hospitals
In Observance of National Fall Prevention Awareness Week
Sep. 22 - 28, 2018

May All Your Patients Stay Vertical With No Horizontal Challenges !!!!!
Contact Us

We are here to help!

HIIN@fha.org | 407-841-6230

State Lead: Kim Streit, FACHE, MBA, MHS, VP, Health Care Research & Information Svcs.

Improvement Advisors:
Cheryl Love, RN, BSN, BS-HCA, MBA, LHRM, CPHRM, Director, Quality & Patient Safety
Phyllis Byles, RN, BSN, MHSM, BC-NEA, Clinical Performance Improvement Advisor
Dianne Cosgrove, MS, RN, CPHQ, LHRM, Director of Clinical Quality Improvement

Communications: Luanne MacNeill, Quality Initiatives Coordinator

Data Support: Debbie Hegarty, Manager of Surveys & Special Projects

Fellowships & Patient and Family Engagement: Allison Sandera, MHA, Project Manager