

MYTHS & FACTS

⊗ MYTH

Medicare patients must have a 3-day hospitalization before transferring to an inpatient rehabilitation facility.

✔ FACT

Patients can be admitted any time once they are medically appropriate and able to participate in, and benefit from, intensive therapy, has a need for daily physician management and has a need for 24-hour rehab nursing care. IRFs can even admit patients directly from home if warranted.

⊗ MYTH

Cost is more expensive than other forms of post acute care.

✔ FACT

Inpatient rehabilitation hospitals are paid for the medical rehabilitation services they provide by: commercial insurance, Medicare Part A, workers' compensation and other sources. The hospital will let you know if there will be any patient responsibility.

⊗ MYTH

Rehabilitation hospitals only accept patients of a certain age.

✔ FACT

All ages are welcome.

⊗ MYTH

A certain diagnosis is required to be admitted.

✔ FACT

Admittance is not limited by diagnosis.

⊗ MYTH

Inpatient rehab is only for severe cases.

✔ FACT

Inpatient rehab is tailored to various conditions and needs, from those with major injuries to those requiring intensive therapy after medical and surgical conditions.

Disclaimer: Insurance benefits may vary and your hospital will call for prior authorization.



Created in conjunction with the Florida Hospital Association Rehab Council.



INPATIENT REHABILITATION WHAT TO EXPECT



We know choosing to work with inpatient rehabilitation services is an important decision in your recovery journey. Treatment is provided to patients who require hospital-level care combined with intensive rehabilitation.

This pamphlet will provide you with information to assist you in your recovery.

OVERVIEW

WHAT

Patients receive comprehensive therapy, delivered by an interdisciplinary care team to restore function and support the highest possible quality of life after injury, illness, or surgery.

- Physical therapy
- Occupational therapy
- Speech therapy

WHO

Care is provided for patients recovering from complex injuries and medical conditions, including:

- Stroke
- Brain injury
- Spinal cord injury
- Neurological conditions (Parkinson's disease, multiple sclerosis)
- Amputation
- Complex orthopedic conditions
- Cardiac conditions
- Pediatric rehabilitation

HOW

Care is led by a physician specializing in physical medicine and rehabilitation.

WHY

The goal is to help patients regain independence and return to their community with the highest possible level of functional ability following injury, illness, or surgery.

CARE COMPARISON

How **inpatient rehabilitation hospitals** differ from **nursing homes**.

	Inpatient Rehabilitation Hospital	Nursing Home (Skilled Nursing Facility, Short-Term Rehab)
Physician Visits	3x/week minimum	1x/month minimum
Rehab Services	15 hrs/week minimum	Not required
Inter-Disciplinary Team Approach	Required	Not required
MD or DO Rehab Director	Required	Not required
Nurse to Patient Ratio	1 nurse to 6-8 patients	1 nurse to 15 patients (industry avg)
Discharge to Home	77.4%	39.5%

BENEFITS

Focused support throughout recovery helps patients achieve the best possible outcomes.

- ✓ Physician-led team providing rehabilitation care for patients
- ✓ Care tailored to each individual based on needs and goals
- ✓ Supports increased independence and mobility for daily life
- ✓ Reduces risk of medical complications during and after rehabilitation process
- ✓ Promotes emotional well-being and enhances overall mental health
- ✓ Helps patients return home sooner
- ✓ Improves overall quality of life
- ✓ Home evaluations provided to help patients safely navigate their living environment
- ✓ Coordinates durable medical equipment and community resources to support continued care
- ✓ Manages all post-discharge care for a smooth, safe recovery transition

PLAN OF CARE

Each patient receives a personalized plan of care, with family members encouraged to be actively involved throughout the recovery process. This collaborative approach helps support better outcomes and a smoother transition home.